WHAT IS CLAIMED IS:

- 1. A method of recording audiovisual contents broadcast according to a schedule, the method including:
- a step of selecting from an access terminal an audiovisual content to be recorded, the content being associated with a broadcast date and time, and
- a step of the access terminal receiving a record file of the selected audiovisual content, said file containing information identifying the audiovisual
- 10 content and the scheduled date and time for broadcasting it,

and wherein the record file further includes the address of an update server for generating a request to update the record file sent by the terminal to the update server.

- 2. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, the method including a step of updating the record file in the event of modification of the date and/or time of the broadcast, or cancellation of broadcasting a selected audiovisual content, or substitution of some other audiovisual
- 25 3. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, wherein the update request includes the address of the update server and the identification information of the audiovisual content.
 - 4. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, wherein the request is an HTTP request.
- 5. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, wherein the terminal sends the request to update the record file

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periodically up to the date and time scheduled for broadcasting the selected audiovisual content.

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- 6. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, wherein, during the selection step a single audiovisual content is selected, and wherein the terminal sends the request to update the record file increasingly often as the date and time for recording the selected audiovisual content approaches.
 - 7. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, wherein the record file includes a field marked by a markup and defining the address of the update server.
- 8. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, wherein the record file includes at least one field marked by a markup and defining information identifying the corresponding audiovisual content associated with data describing said content.
- 9. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, wherein the record file includes one field marked by a markup and defining, for a given audiovisual content in the same file, a content identifier associated with a content already recorded in the storage means of the access terminal.
 - 10. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, wherein the syntax of files exchanged between the access terminal and the server is defined by an unique data structure schema, in particular an XML schema.

11. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, the method including a preliminary step of selecting a plurality of contents having a common topic, and a step of receiving a record request file from which the access terminal generates a record-request request designed to be sent to a predetermined server for executing automatically the selection step.

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10 12. A method according to claim 11 of recording audiovisual contents broadcast according to a schedule, wherein the record request file includes the address of said predetermined server for generating the recordrequest request.

13. A method according to claim 1 of recording audiovisual contents broadcast according to a schedule, wherein the request includes the reference of a user for statistical purposes.

- 14. A system for recording audiovisual contents broadcast in accordance with a schedule and adapted to execute a method according to claim 1, the system including at least one access terminal comprising means for selecting an audiovisual content to be recorded associated with a broadcast date and time, said access terminal including means for receiving a record file of the selected audiovisual content, said file containing information identifying the audiovisual content and the scheduled date and time for broadcasting it, and wherein the record file further includes the address of an update server for generating a request to update the record file sent by the terminal to the update server.
- 35 15. An update server adapted to execute a method according to claim 1 and including means for updating the record file.

16. An access terminal adapted to execute a method according to claim 1 and including means for selecting an audiovisual content to be recorded associated with a broadcast date and time, means for receiving a record file of the selected audiovisual content, said file containing information identifying the audiovisual content and the scheduled date and time for broadcasting it, and further including the address of an update server for generating a request to update the record file sent by the terminal to the update server.